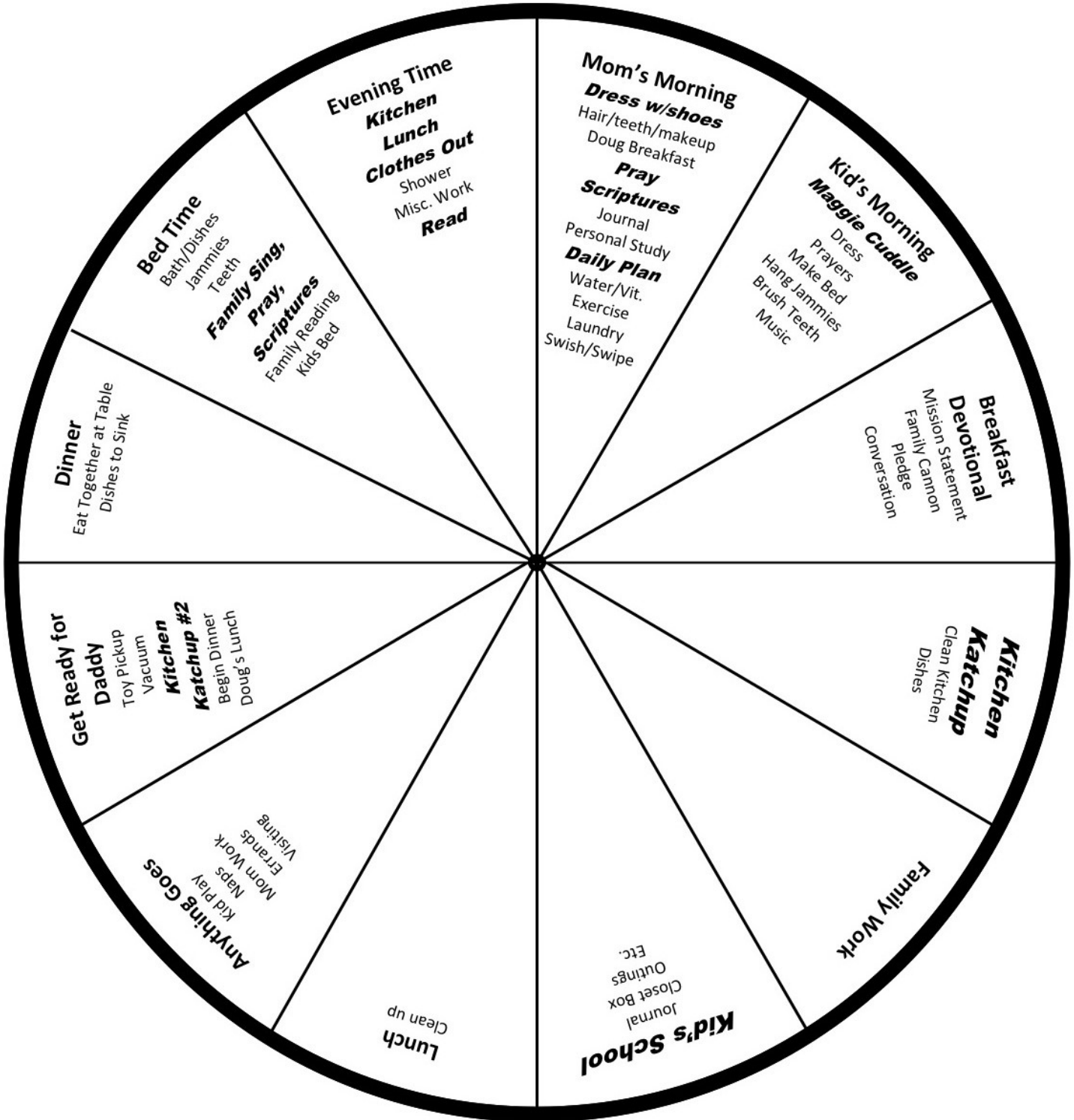




*Family Connection Mentoring
The Family Chunk Clock*

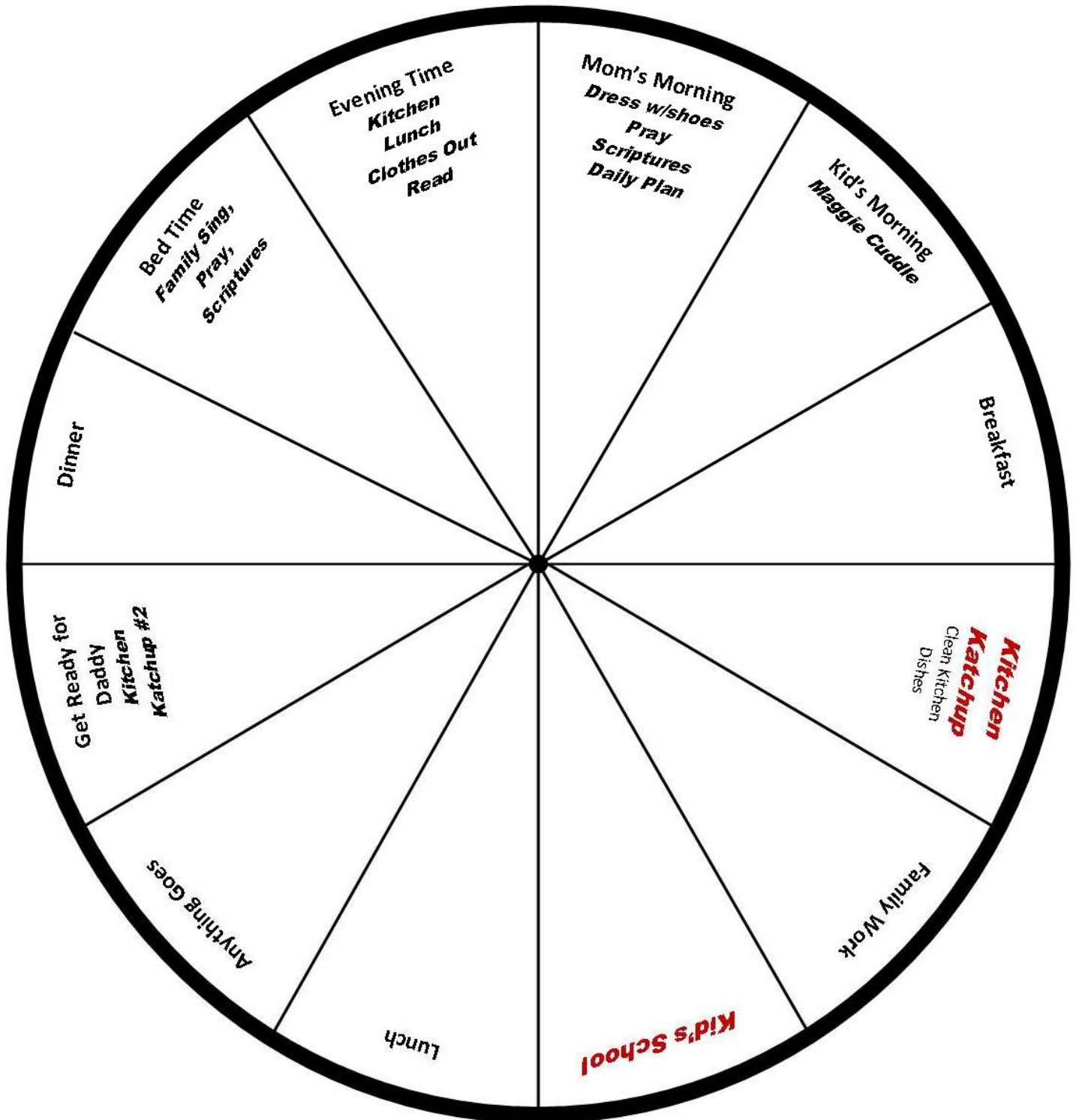
Family Chunk Clock Example





Family Connection Mentoring
The Family Chunk Clock

Family Chunk Clock Example with the Most Important Items in Red





*Family Connection Mentoring
The Family Chunk Clock*

**Routine/Schedule
Example**

Current Routine	Ideals
5:30 Dad up	Kids up
6:30 Dad to work	Daily dos Breakfast
7:00 Mom up Get daughter ready for school	Daily chores School
8:15 Leave for school	Reading, mom share Lunch
9:30 Typical breakfast Chores sometimes School/Lunch Usually 3x's week it's lunch before school Go somewhere—errands, send kids to play and Do personal study/piano, or fix up project, school (2 x)	Free time/mom study/group activity Clean up Start dinner Eat dinner 5:30 Clean up dinner Family time/reading/church/fhe/date Bed by 8 start 7:30 Couple meeting Personal study Bed by 10
3:15 Daughter home from school Clean up and get ready for dinner (if crossed out ½ to do list then feel good, if commitments in evening then little more stressed)	Feel like too many things not getting done (to do list/ daily things like brush teeth) Need to get scriptures done Not getting self together in morning
5:00 Dad home Get dinner on, talk	Things not happening that should on daily/weekly basis (laundry, floor mopped, garbage out, beds not made, sheets not changed, not personally presentable)
5:30-6 Eat dinner If not going anywhere relax, talk, work on some thing, read story	Children need routine (get fully dressed, say prayer, brush teeth, make bed, pick up your stuff) Unfinished projects around house
7:30 Bedtime routine starts unless go out 1- 3x's week If out read scriptures in car and pray so can get to bed. Nurse baby, clean dishes, visit, do planning, do piano practice (not really consistent)	Need more connection with husband in evening
10:30 Bed	



Family Connection Mentoring
The Family Chunk Clock

Assignment Outline

1. Create a T graph. Label the left side “Current Schedule.” Label the right side “Ideals.” List your current schedule on the left side of the graph. Be as detailed as possible.
2. On the right side of the T graph list your ideal schedule, including the feelings and cultural elements you’d like to be part of your family.
3. Look at your current schedule and identify areas that are not positive for your family, or you would like to change. Circle these.
4. Identify chunks of tasks, using both sides of your T graph, that naturally go together. Create an outlined list.
5. Go through your outlined Chunk List and highlight the most important Chunks and tasks within chunks.
6. Consider any engaging names you can use in your Chunk List.
7. Put your Family Chunk Clock on paper and get it up.



Family Connection Mentoring The Family Chunk Clock

Examples of Family Chunk Clocks from Real Families

